

2009-2010 SESSION DESCRIPTION AND REQUIREMENTS

SESSION	FORMAT	PRE-REQUISITES
Canskate (7 stages) 1 Day - \$275 2 Days - \$395	60 min sessions 1 OR 2 sessions /wk warm-up/cooldown 30 min lesson/practice 5 min rhythm exercises 10 min creative expression	Skaters must be four years of age by December 31, 2009 ~ CSA Approved Skating or Hockey Helmets Mandatory till skater passes level 4, then parental choice ~ No jeans ~gloves or mitts required
Junior \$460.00	2 days/week Must pick 1 Y & 1 X day	~Skaters must have passed all 7 Canskate Levels ~Children must have a Professional Club Coach for private or semi-private lessons ~All skaters must wear Figure skates
Intermediate B \$525.00	2 days/week	~Skaters passed all Preliminary Dances
Intermediate A \$620.00	3 days/week	~Must have Junior Bronze Dances or Preliminary Skills
Senior B \$710	3 days/ week	~Skaters passed the complete Preliminary Freeskate OR Junior Bronze Skills OR Senior Bronze Dances
Senior A \$710.00	3 days/week	~Skaters must have Preliminary Freeskate AND Senior Bronze Skills and Senior Bronze Dances
PreAdvance \$735.00	3 days/week	~Skaters must have passed 1/2 Senior Bronze Freeskate OR Jr. Silver Dances AND Jr. Silver Skills
Advance \$765.00	3 days/week	~Skaters must have the complete Senior Bronze Freeskate and must have 1/2 of the Junior Silver Freeskate.
Open	1 Day - \$235.00 2 Days -\$445.00 3 Days - \$630.00	If not purchasing regular sessions plus open - additional fee of \$45.00 will be charged to cover Skate Canada fees and administration fees. Thursday open skaters must have Preliminary Freeskate
Dance & Skills	1 Day - \$235.00	Must be working on Junior Silver Dances and Skills or higher for this Session or be a competitive dance team. * If not purchasing regular sessions additional \$45.00 fee applies.
Adult Program	TBA	Adults 18 years of age and up -available to all levels

Open and Dance are filled on a first come first serve basis (Maximum of 20)

Open Sessions subject to cancellation if there is insufficient registration.

\$50.00 Fundraising fee per skater for Canskate only (\$100 Maximum per family)

\$100 Fundraising fee per family applies to all other sessions

\$100 Volunteer Fee for Intermediate and up, and \$50 for Junior (in lieu of 10 hours/5 hours volunteer work)

Compulsory Dances

Level	Dances
Preliminary	Dutch Waltz, Canasta Tango, Baby Blues
Junior Bronze	Fiesta Tango, Swing, Willow Waltz
Senior Bronze	Ten Fox, European, Fourteenstep
Junior Silver	Keats Foxtrot, American Waltz, Harris Tango, Rocker Foxtrot
Senior Silver	Paso Doble, Starlight Waltz, Killian, Blues
Gold	Viennese Waltz, Westminster Waltz, Quickstep, Argentine Tango, Silver Samba
Diamond	Rhumba, Ravensburger Waltz, Yankee Polka, Tango Romantica, Golden Waltz, Austrian Waltz

Proper skating attire is to be worn at all times